

DHS LICENSING REQUIREMENTS ON INFANT SAFE SLEEP FOR CHILD CARE PROGRAMS

EFFECTIVE 11-1-16

(10) **Infant safe sleep environment.** Written statements from licensed physicians, signed parent permissions, or both are available when required per OAC 340:110-3-296(b).

(4) **Safe sleep.** Prior to caring for infants, personnel obtain formal professional development in safe sleep practices.

340:110-3-289. Learning program principles

(j) **Program for 1-year-olds and younger.** Awake children:

(1) spend much of their time playing freely on the floor, including infant "tummy-time";

(2) are not permitted in infant car seats, except during emergency drills, transportation, and arrival and departure with parents; and

(3) do not remain for more than 20 minute increments in equipment restricting freedom of movement, such as rest equipment, swings, high chairs, or stationary activity centers, except while eating in high chairs or similar stationary equipment. Children only sleep in appropriate rest equipment per OAC 340:110-3-296.

340:110-3-293. Parent communication and family engagement

(a) **Parent permission.** The parent permission requirements listed in (1) and (2) of this subsection are met.

(1) **Required.** Parent permission is maintained per Oklahoma Administrative Code (OAC) 340:110-3-281.4(b) and required for:

(A) medication administration;

(B) services provided by a specialized service professional;

- (C) transportation;
- (D) field trips;
- (E) higher risk activities; and
- (F) swaddling.

340:110-3-296. Rest time

(a) Rest equipment and bedding.

- (1) **Appropriate.** Equipment and bedding meets the requirements in this Section and Oklahoma Administrative Code (OAC) 340:110-3-302.
- (2) **Size.** Equipment and bedding is of sufficient size to comfortably accommodate the child's size and weight.
- (3) **Resting surface.** A sheet covers the entire resting surface.
- (5) **Individually assigned.** Equipment is assigned to individual children.
- (6) **Individually used.** Equipment and bedding is in use by one child at a time, except during emergency plan procedures.
- (7) **Spacing.** Equipment is spaced to allow easy access to children by the teaching personnel and for the safe evacuation of children.
- (8) **Clean.** Equipment and bedding is cleaned and sanitized per OAC 340:110-3-304.

(b) Rest time – infants.

- (1) **Schedule.** The sleep schedule corresponds to the infant's needs and as closely as possible to the schedule established by the parents. Documentation is maintained per OAC 340:110-3-281.4(b).

- (2) **Infant safe sleep environment.** Infant safe sleep environments are maintained.

(A) **Appropriate sleep environment.** The infant safe sleep environment requirements listed in (i) through (v) of this subparagraph are met.

(i) Infants sleep in cribs or play yards that meet the requirements per OAC 340:110-3-302(b), with the sides fully raised and secured.

(ii) Infants sleep directly on a tight-fitting sheet covering the mattress.

(iii) Only pacifiers without attachments to them are in rest equipment with infants, when used.

(iv) Infants are protected from overheating by adjusting room temperature and clothing.

(v) Infants birth through three months of age may be swaddled with an infant-sized, thin fabric, such as a receiving blanket, only when:

(I) requested by the parents and permission is maintained per OAC 340:110-3-281.4(b); and

(II) the infant is not mobile enough to move the fabric over his or her face.

(B) Inappropriate sleep environment. Infant safe sleep environment requirements listed in (i) through (viii) of this subparagraph are met.

(i) When an infant arrives asleep, the infant is immediately moved to appropriate rest equipment.

(ii) When an infant falls asleep in equipment other than appropriate rest equipment, the infant is immediately moved to appropriate rest equipment.

(iii) Soft products, such as quilts, comforters, sheepskins, pillows, stuffed toys, and bumper pads are prohibited inside and on the side of infant rest equipment.

(I) Covers, including blankets, are prohibited.

(II) An exception is swaddling per (A) of this paragraph.

(iv) Soft sleeping surfaces, such as soft mattresses, waterbeds, sofas, pillows, beanbag chairs, and inflatable mats are prohibited.

(v) Sleep positioners and elevated mattresses are prohibited, unless there is a medical reason as documented per OAC 340:110-3-281.4(b).

(vi) Play equipment, and other items, except for pacifiers, are not placed inside, above, or attached to the sides of the infant rest equipment, unless there is a medical reason for a monitor or other device as documented per OAC 340:110-3-281.4(b). However, mobiles may be securely attached or hung above the crib provided no part of the mobile is within reach of the child.

(vii) Pacifiers are not attached to the infant or his or her clothing when in rest equipment.

(viii) Bibs are not placed around the infant's neck when in rest equipment.

(C) Sleep position.

(i) Infants are placed on their back for sleeping, unless there is a medical reason an infant should not sleep in this position as documented per OAC 340:110-3-281.4(b).

(ii) Infants who are able to turn themselves over, are placed initially on their back for sleeping, but may turn themselves over and sleep in a position they prefer.

(c) Rest time - 1-year-olds through 4-year-olds.

(1) **Schedule.** Children are provided a rest time.

(2) **Rest equipment.** Children rest on a mat, cot, or bed. However, 1-year-olds may also rest in cribs or play yards that meet requirements per OAC 340:110-3-302(b) with the sides fully raised and secured.

340:110-3-302. Equipment

b) Rest equipment.

(3) **Cribs.** Cribs, including portable cribs that can be folded or collapsed without being disassembled:

(A) meet the current Consumer Product Safety Commission (CPSC) full-size and non-full-size crib standards. Documentation is maintained per OAC 340:110-3-281.2(c); and

(B) have a mattress that is:

(i) firm;

(ii) designed to fit the specific crib, with one inch or less between the mattress and crib; and

(iii) covered with a durable, washable, waterproof, form-fitting material.