

GROWTH AND DEVELOPMENT CHART EXAMPLE

This chart contains excerpts of developments of various age groups, a typical chart will have more examples to view.

PHYSICAL	INTELLECTUAL	EMOTIONAL & SOCIAL
BIRTH TO SIX MONTHS		
<p>Gross (Large) Motor Skills</p> <ul style="list-style-type: none"> Lifts head & chest when on stomach Rolls from back to side or side to back <p>Fine (Small) Motor Skills</p> <ul style="list-style-type: none"> Reaches for objects Holds objects for short period of time before dropping them 	<ul style="list-style-type: none"> Discriminates between familiar and unfamiliar faces Looks forward to feeding by sight Recognizes and responds to own name 	<ul style="list-style-type: none"> Shows interest in human faces Smiles and babbles at people and toys Smiles at familiar faces Develops attachment to primary caregiver
SIX TO 12 MONTHS		
<p>Gross (Large) Motor Skills</p> <ul style="list-style-type: none"> Pulls to standing position Walks with help <p>Fine (Small) Motor Skills</p> <ul style="list-style-type: none"> Places objects in a container Points with finger 	<ul style="list-style-type: none"> Understands basic cause and effect relationships (touching hot stove burns hand) Searches for object that has disappeared 	<ul style="list-style-type: none"> Shows some negative reaction to strangers Smiles, pats, and plays with image in mirror
12 TO 18 MONTHS		
<p>Gross (Large) Motor Skills</p> <ul style="list-style-type: none"> Climbs up stairs Squats down to pick up objects <p>Fine (Small) Motor Skills</p> <ul style="list-style-type: none"> Holds spoon with fist Feeds self with fingers 	<ul style="list-style-type: none"> Points to familiar objects upon request Shows brief interest in picture book 	<ul style="list-style-type: none"> Imitates adults May become upset when adults place limitations on activities

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18 TO 24 MONTHS		
<p>Gross (Large) Motor Skills</p> <ul style="list-style-type: none"> • Walks up and down steps, one step at a time • Throws objects overhead <p>Fine (Small) Motor Skills</p> <ul style="list-style-type: none"> • Makes vertical marks and circles with crayon (pencil) • Pulls down zippers 	<ul style="list-style-type: none"> • Points to body parts upon request • Enjoys cause-effect relationships (banging drum, turning on TV) 	<ul style="list-style-type: none"> • Shows strong desire for own way • May exhibit aggressive actions (hitting, biting, pushing) • Pulls adults to show something or get help
TWO TO THREE YEARS		
<p>Gross (Large) Motor Skills</p> <ul style="list-style-type: none"> • Constantly in motion • Jumps off low objects <p>Fine (Small) Motor Skills</p> <ul style="list-style-type: none"> • Turns individual pages of book • Builds crude towers of 6 or more blocks 	<ul style="list-style-type: none"> • Knows first and last name • Responds to rhythms • Learns simple relationships such as big and small 	<ul style="list-style-type: none"> • See-saws between independence and dependence • Desires approval; feels hurt when disciplined for actions
THREE TO FOUR YEARS		
<p>Gross (Large) Motor Skills</p> <ul style="list-style-type: none"> • Walks a low balance beam • Rides tricycle <p>Fine (Small) Motor Skills</p> <ul style="list-style-type: none"> • Builds block towers of about 9 or 10 blocks • Holds pencil and crayons with control 	<ul style="list-style-type: none"> • Asks <i>why</i> questions • Responds to <i>how</i> questions • Enjoys doing things for self • Develops better understanding of cause and effect 	<ul style="list-style-type: none"> • Is pleased with self • Shows new fears (animals, storms, dark, monsters, etc.)

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PHYSICAL	INTELLECTUAL	EMOTIONAL & SOCIAL
FOUR TO FIVE YEARS		
<p>Gross (Large) Motor Skills</p> <ul style="list-style-type: none"> • Turns somersaults, & hangs on bars • Jumps forward using a forward arm action <p>Fine (Small) Motor Skills</p> <ul style="list-style-type: none"> • Prints name • Develops hand preference 	<ul style="list-style-type: none"> • Begins to understand need for rules • Improves ability to remember past events • Has difficulty understanding time 	<ul style="list-style-type: none"> • Is often bossy and inconsiderate • Increases interest in friends • Accuses adults of being bossy and unfair
FIVE TO SIX YEARS		
<p>Gross (Large) Motor Skills</p> <ul style="list-style-type: none"> • Races with others • Beats rhythm instruments to beat of music <p>Fine (Small) Motor Skills</p> <ul style="list-style-type: none"> • Draws recognizable person • Makes alphabet letters 	<ul style="list-style-type: none"> • Learns right from wrong • Accepts rules; but doesn't always understand reason • Enjoys routines 	<ul style="list-style-type: none"> • Has strong desire to please • Is proud of and likes to assist parents • May voluntarily help with younger siblings
SIX TO NINE YEARS		
<ul style="list-style-type: none"> • Establishes preference for one side of body over the other • Plays ball, tag, and catch • Improves writing skills 	<ul style="list-style-type: none"> • Uses books independently • Likes stories about real life situations, animals, and space • Exhibits longer attention span 	<ul style="list-style-type: none"> • Shows increased interest in friends • Questions adults' ideas • Resents being told what to do